



SUPPORT, MULTIPLIED: **Build the Depth of Our Movement by Growing Our Online Reach!**

When you and your fellow volunteers bring new, engaged people to Compassion & Choices, our reach and message expand and grow. Nowhere is this truer than in our online communications, beginning with our email list.

When volunteers like you collect a single page of email sign-ups on our standard petition, it increases our ability to communicate with the masses exponentially. Volunteer ambassadors like you are the absolute best introduction to Compassion & Choices' work and mission, and we count on your grassroots efforts as we continue to grow this movement.

This spring, we challenge each reader of the Quarterly Action Bulletin to recruit five new people to join the Compassion & Choices' email list. They can live anywhere in the United States or beyond, as long as they've agreed to allow you to add their email address to the list and signed the petition accordingly.

Just think if each of the 5,000 plus Compassion & Choices volunteers added five names to our list this spring. That would be over 25,000 new people who would have the benefit of hearing our message!

Action:

- › Print the petition form and add five names and signatures — more if you can!
- › Send the completed forms to Compassion & Choices.
c/o Tylon Data, 30 Buck Rd.,
Hanover, NH, 03755 or email
a scanned copy to volunteer@CompassionAndChoices.org.

Resources:

- › [Download the petition form by clicking here.](#)

FINISH STRONG: Order and Review Barbara Coombs Lee's New Book, *Finish Strong: Putting YOUR Priorities First at Life's End!*

For over five decades, Barbara Coombs Lee has worked in health-care as a clinician, policymaker and advocate. As former CEO and current president of Compassion & Choices, she has led the movement to improve end-of-life care and advance medical aid in dying nationwide.

Have you had a chance to read *Finish Strong*? If not, Amazon.com carries the book and has a special on some options for purchasing right now! Pick up a copy, and encourage your friends and family to do the same. And don't forget to leave a review to help others learn about the book! You can also [host a book club](#) using our tools to guide the discussion.

Finish Strong can help people achieve an end-of-life experience that reflects the values, priorities and beliefs of a lifetime. It is your guide to achieving the positive end-of-life experience you want and deserve. We know with your help, we can ensure this book reaches those who need it. It's never too early to build good healthcare decision-making habits, because a strong finish needs an early start.

To learn more about finishing strong, watch Barbara's National Healthcare Decisions Day Facebook Live event recorded on April 16. [Click here to view the recording.](#)

Action:

- › Read *Finish Strong*
- › Recommend *Finish Strong* to your network
- › Review *Finish Strong*
- › Host a book club to share the book with friends and family
- › Ask your local library to add *Finish Strong* to their collection

Resources:

- › [Purchase the book](#)
- › [How to host a book club](#)
- › [Finish Strong resources on the Compassion & Choices website](#)
- › [Facebook Live recording with Barbara Coombs Lee and Matt Whitaker](#)



SPECIAL PROJECTS: Help Us Identify Executive Volunteers!

As a nonprofit advocacy organization, Compassion & Choices relies upon the contributions of our supporters to lead a national movement. In an effort to make the absolute most of our limited resources and achieve the bold objectives we've set for ourselves, we've built the Executive Volunteer Program.

We are currently working with and recruiting volunteers across the country with specialized skill sets, experience, networks and interests to amplify our "in-house" expertise and our bandwidth. The Executive Volunteer Program allows us to take on important short-term and long-term projects that help us meet our mission with the help of these talented individuals. Below are two examples of Executive Volunteers and the projects they've taken on to help further the end-of-life options movement:



Dr. Evan Pulvers is a physician who became an Executive Volunteer when she was a family medicine resident in California. In her role as resident lead on the Physician Aid in Dying Protocol, she developed a first-in-the-country plan to train residents in the practice of medical aid in dying. She worked with Compassion & Choices staff to turn the protocol into a template that she has since been sharing in conferences and residency programs across the country.



Merloyd Lawrence, a publisher, has supported Compassion & Choices leadership by reviewing numerous books on end-of-life issues, and recently helped craft a national promotion strategy for Barbara Coombs Lee's new book, *Finish Strong: Putting YOUR Priorities First at Life's End!*

Action:

- › Identify executive volunteer candidates to be considered for executive volunteer projects.

Resources:

- › [Click here to become a Compassion & Choices Executive Volunteer.](#)

There are dozens of skill sets that could benefit our work. If you have relevant experience in any of the following fields or know someone with these skills who might like to be part of our Executive Volunteer Program, we want to hear from you!

- › attorney
- › public policy leader or analyst
- › medical provider
- › researcher or statistician
- › program or project manager/director
- › strategist
- › author or publisher
- › nonprofit or business director
- › fundraiser event manager
- › media or communications specialist



CONTACT CONGRESS!

Help Defend Medical Aid in Dying

Our outreach efforts to educate members of Congress about medical aid in dying focus on three main goals:

- » Reject any attempt to threaten the Washington, D.C., Death with Dignity Act
- » Head off any movement toward a federal ban on medical aid in dying
- » Give supporters of this movement the opportunity to be heard by their lawmakers

There is an ongoing threat to the District's Death with Dignity Act that would invalidate the law by stripping the funds necessary to administer it. There is no immediate concern about a federal ban at this time, but it's moves like this attempt to undermine the law in D.C. that can begin to chip away at the work we've accomplished.



Start or continue a dialogue with your United States senators and representative about medical aid in dying. Offer to stay in touch and forward updates, news releases and other pertinent information to your legislator's office. You have the opportunity to earn your lawmakers' trust and become an important resource as they form policy positions.

Action:

- › Call, write or visit your U.S. senators
- › Call, write or visit your U.S. representative

Resources:

- › [Find your lawmaker and contact them using this tool](#)
- › [Download this report and share it with your lawmakers](#)

Use the "Find Your Lawmaker" tool listed in the box above to find their contact information and then make a call, send an email or make an appointment to visit in person today! Once you've made contact, share the special report linked in the resources (as shown) which details what a winning issue medical aid in dying is to run on.



VOLUNTEER OPPORTUNITY LISTINGS

Compassion & Choices is always looking to expand its base of hard-working, dedicated volunteers. If you are interested in any of these volunteer opportunities, please send your resume or bio to volunteer@CompassionAndChoices.org.

Compassion & Choices needs action teams in every state, and that means we need ...

LEADERS LIKE YOU



Step up and lead a Compassion & Choices volunteer action team!



We need your help! We're looking for an **illustrator** or **photographer** to help with media projects!