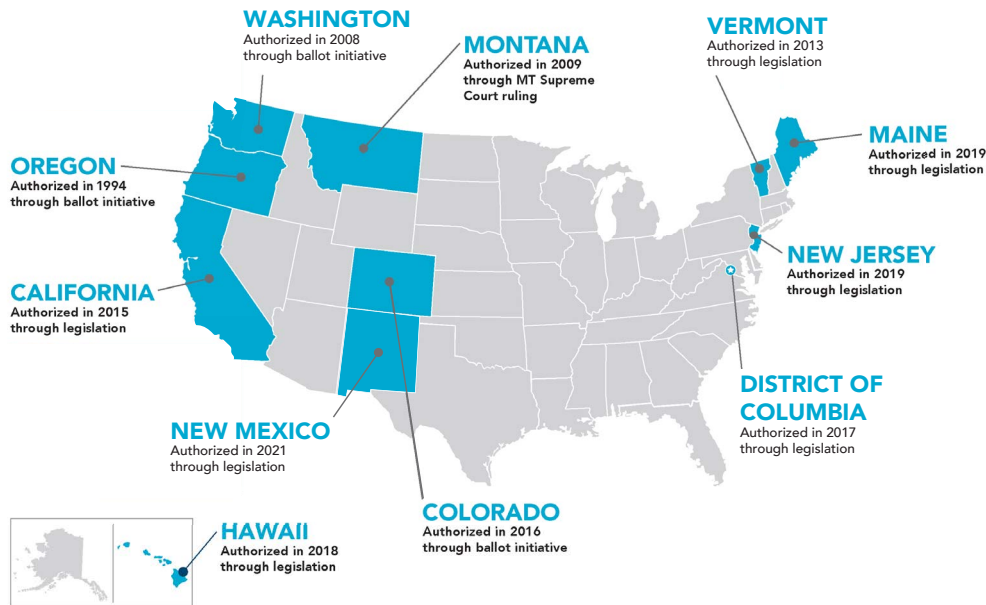


# What Is Medical Aid in Dying?

A trusted and time-tested medical practice that allows a terminally ill, mentally capable adult with a prognosis of six months or less to live to request from their doctor a prescription for medication they can decide to self-ingest to die peacefully in their sleep.

## Where is it Authorized?

Compassion & Choices has led or supported campaigns to authorize medical aid in dying and implement this medical practice in **10 states and Washington, D.C.**



**Rachel Rimmel**  
*Rochester, NY*

Rachel testified before NY lawmakers about her brother, Washington resident Ethan, the youngest person to use that state's medical aid-in-dying law, avoiding needless suffering as he died of colon cancer



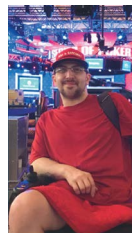
**Nancy Murphy**  
*Vermontville, NY*

Nancy testified before NY lawmakers about her sister, Vermont resident, Joan, who died peacefully on her own terms using that state's aid-in-dying law.



**Myra Shulman**  
*Ithaca, NY*

Myra testified before NY lawmakers about her mother, California resident Beverly, who was among the first to use that state's aid-in-dying law. Beverly died peacefully at home surrounded by family.



**Kevin "Racks" Roster**  
*Tri-State Region*

A terminally ill 36-year-old native New Yorker, Kevin moved from his longtime home in New Jersey to California so he could access its medicak aid-in-dying law to peacefully end his suffering from sarcoma. He died on July 26, 2019.