

# Print your own wallet-friendly healthcare proxy cards

## Instructions:

1. Print out this sheet.
2. Cut around the dotted lines.
3. Fold each cutout in half to have your new wallet-sized healthcare proxy card.
4. Repeat: Share these cards with people in your life. Healthcare planning is for everyone!

These cards are designed for healthcare proxies, offering supportive phrasing and guided reminders as they advocate for others. For more end-of-life planning resources — including tips for selecting your healthcare proxy — visit **CandC.org**.

cut along the dotted line

I am \_\_\_\_\_'s  
healthcare proxy.

I am **committed** to ensuring the person I am representing gets the care that reflects their wants and needs.



### Inform

Understand the person's wishes; articulate them to their providers

*Are you aware of their preferences regarding treatment?*

### Advocate

Be firm, direct and specific when needed — You are honoring this individual's values and wishes.

*How will this treatment plan align with their advance directive?*

### Document

Keep the person's advance directive handy and record treatment decisions.

*Can you ensure that this conversation is documented in their medical records?*

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