

Kūkākūkā e pili ana i kāu mau kuleana mauha‘alele me kāu mau kōkua mālamaola i kēia manawa no ka hō‘oia‘i‘o i nā loa‘a nā koho au e makemake nei. E hō‘ia me kāu kauka inā e kāko‘o ana lākou i nā koho āu i koho ai.

Nā mea ho‘omana‘o no ka ho‘omaka ‘ana i kekahi kōkākūkā

No nā kānaka i loa‘a ‘ole nā ma‘i kuahope:

He waiwai nui ia‘u ke ola ‘ana. Inā ma‘i kuahope au a e hiki ‘ole ia‘u ke ola maika‘i me ka hau‘oli, e makemake au e loa‘a ia‘u kekahi koho kōkua mauha‘alele.

E mana‘olana au e ‘āpono mai ‘oe i ka‘u mau koho a e hō‘ihi pū mai ho‘i ‘oe i ka‘u mau koho e like me ka‘u hō‘ihi ‘ana aku i kāu. Hiki iā‘oe ke ho‘opa‘a mai i palapala ho‘ākaaka no ka noi ‘ana i kōkua mauha‘alele i pili i ke kānawai i waiho ‘ia a inā ‘āpono ‘ia au? Inā makemake ‘ole ‘oe e hana i ko‘u makemake, e ha‘i koke mai ia‘u i kēia manawa.

No nā kānaka me nā ma‘i kuahope:

Makemake au i nā koho i ho‘āmana ‘ia no ka hō‘o‘eleu ‘ana i ko‘u hala ‘ana inā weliweli loa ko‘u noho ma‘i ‘ana.

Pehea, kūpono paha au no kēia noi kōkua mauha‘alele? Inā ‘ae ‘ia, hiki paha iā‘oe ke ho‘opa‘a mai i palapala ho‘ākaaka no ka noi ‘ana i kōkua mauha‘alele i pili i ke Kānawai Kō Mākou Mālama ‘ia ‘ana, Ka Mākou Koho?

Inā ‘a‘ole, hiki paha iā‘oe ke kōkua mai ia‘u ma ka huli ‘ana i kauka i hiki ke kōkua mai e ho‘opa‘a i palapala ho‘ākaaka no ka noi ‘ana i kōkua mauha‘alele? Inā ‘a‘ole e kūpono ia‘u kēia, i ka wā hea e kūpono ai a pehea ana ko‘u ‘ano he mea ma‘i i kūpono ai no kēia kōkua nei?

Palekana kēia hana o ke kōkua mauha‘alele nei a e hilina‘i ‘ia e ka ‘oihana mālama ola i hiki ai i nā kānaka ma‘i kuahope, a kūpono ka no‘ono‘o i pokole ke ola ‘ana ma kahi o ‘eono mahina a ma lalo iho mai a ua hiki iā lākou ke noi aku i ko lākou kauka e ho‘opa‘a mai i palapala ho‘ākaaka no kekahi huāle/lā‘au i hiki ai iā lākou ke lawe no ka hiki ‘ana mai o ka hala

maluhia.

‘O ‘oe wale nō ka mea i hiki ke noi i kāu (mau) kauka, hiki ‘ole i kekahi ‘ē a‘e ke noi. A, e kūpono ka noi ‘ana i kāu kauka pono‘ī wale nō, mai noi aku i nā limahana ma ka haukapila, nā kahu ma‘i a i ‘ole nā limahana kōkua a ke kauka, a i ‘ole e waiho ho‘i i kekahi noi ma ka lākou mikini ‘oki leo kelepona.

Ua hiki iā‘oe ke ‘ōlelo aku e pili ana i ka polokalamu Aloha a me nā Koho me ke kōkua i nā kauka ma o ka mākou polokalamu Doc2Doc e ha‘awi ana i nā kōkua manuahi me nā kōkua kūkākūkā kelepona i ho‘okapu ‘ia me nā limahana mālama ola me nā ‘ike he nui e pili ana i kēia ‘ano hana nei. ‘Olu‘olu e ha‘awi aku i kāu kauka i ka mākou pepelu Doc2Doc a i ‘ole ka helu kelepona Doc2Doc ma ka helu 1-800-247-7421.

Ke Kānawai Kō Mākou Mālama ‘ia ‘Ana, Ka Mākou Koho

Nā pono e pono ai no ke kōkua mauha‘alele ma lalo o ka mākou Kānawai Kō Mākou Mālama ‘ia ‘ana, Ka Mākou Koho, nā mea e pono ai i ke kanaka no kēia kōkua nei:

- Makua o‘o
- Loa‘a ka ma‘i kuahope
- Loa‘a ka hō‘ike e hō‘ike ana i ka manawa i koe no ke ola ‘ana he ‘eono mahina a emi mai.
- Kūpono ka no‘ono‘o e no‘ono‘o pono ai i ka lākou e koho nei e pili ana i kō lākou kohomo mālamaola.

Nā mea ‘ē a‘e e pono ai no ka loa‘a ‘ana o ke kōkua:

- Kupa o Hawai‘i/Malihi noho loa o Hawai‘i
- Nāu pono‘ī no ke kohō
- Hiki ke lawe aku i nā huāle/lā‘au kōkua mauha‘alele no lākou iho.

‘Oko‘a ke kānawai e pono ai no kēia ‘ano kōkua nei a me no ke kōkua hospice i hiki ke loa‘a.

Pono e ‘āpono ‘ia e ‘elua mau kauka mai Hawaii mai no ka ho‘ohana ‘ana i polokalamu kōkua ma lalo o ke Kānawai Kō Mākou Mālama ‘ia ‘ana, Ka Mākou Koho a e hō‘oia pū ho‘i mai ‘oe nāu pono‘ī no e makemake nei e kohō i kēia noi au e noi nei no nā huāle/lā‘au kōkua mauha‘alele. Nā ke kauka lawelawe e ha‘awi i ka ‘āpono a ho‘opa‘a i nā noi lā‘au a nā kekahi kauka e ha‘awi i kōna mana‘o kūpono e pili ana i nā mea e noi ‘ia nei. (‘O ke kuleana o ke kauka lawelawe, ‘o ia no ka mālama ‘ia ‘ana o ka mea ma‘i a me kōna ma‘i.)

Pono e hō‘oia ‘ia e ke kauka a i ‘ole ho‘oponopono no‘ono‘o a i ‘ole kekahi limahana kōkua lehulehu i laikini ‘ia ua kūpono ka no‘ono‘o o ka mea noi. Ua hiki ke holo kēia hō‘ike nei maō ka kelemālamaola (ma ke kelepona a i ‘ole kelewikiō/wikiō).

Inā loli kou mana‘o, ua hiki no ke ho‘opau ‘ia. Ua hiki iā‘oe ke ho‘oki aku i nā manawa like ‘ole au e makemake ai e ho‘opau ‘ia ka noi ho‘opa‘a huāle/lā‘au kōkua mauha‘alele, a ‘a‘ohe mea i pa‘a loa no ka lawe ‘ana i nā huāle/lā‘au i ka loa‘a ‘ana aku iā‘oe nā lā‘au.

No nā mana‘o ‘ea‘e, ‘olu‘olu e kipa aku i ka heluwahi pūnaewele puni honua o
www.CompassionandChoices.org/Hawaii

a i ‘ole e like uila aku ia Hawaii@compassionandchoices.org.