



## DISCUSS: Talk Turkey Over Turkey

Many of us will gather with family over the Thanksgiving holiday, making it a good time to start the conversation about your end-of-life wishes.

This holiday season, take the time to sit down with loved ones and discuss your values, priorities and beliefs about your end-of-life healthcare, and the things you do and don't want. This important conversation can be a wonderful gift to your family and bring you even closer together.

Our brand new My End-of-Life Decisions Planning Guide and Toolkit is available now to help you begin planning and discussing your end-of-life healthcare wishes. This resource is loaded with information to help you make a plan to get exactly the treatment you want and eliminate any guesswork for your family and medical team.

In addition to your family, it's never too soon to initiate the conversation with your primary care physician or provider. We have provided resources to help you start the conversation and for them to learn more!

Talk turkey over turkey this fall. Start or continue the dialogue when the holiday season brings your family together, whether in person or with technology.

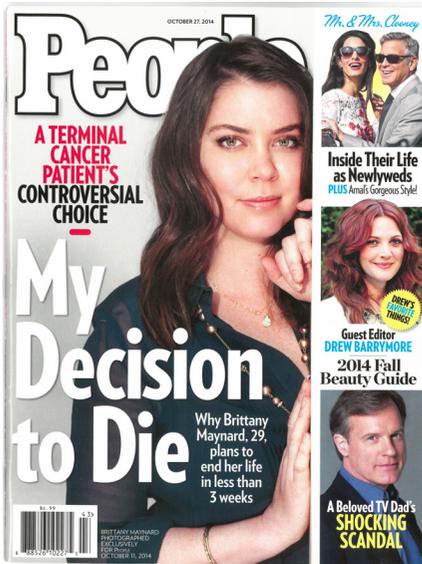
### Action:

- › Review My End-of-Life Decisions Planning Guide and share advance planning documents with your family.
- › Begin a conversation about end-of-life care with your doctor.
- › Explore the rest of Compassion & Choice's resources for end-of-life planning.

### Resources:

- › [Download My End-of-Life Decisions: An Advance Planning Guide and Toolkit](#)
- › Our [Truth in Treatment tools](#) will help you begin the conversation with your doctor.
- › [Visit our website for view our tools to manage end of life care.](#)

## SHARE: Storytelling Is One of the Best Ways We Can Educate the Public. Tell Us YOUR Story!



Not all of our storytellers end up in PEOPLE magazine and in the national news like Brittany Maynard. But all of our storytellers, like Brittany, are courageous, determined and generous: generous with their time and with their energy in sharing the otherwise private details of their lives.

The importance of end-of-life options becomes real to people when they can put a face to a story, whether that story is about unnecessary suffering or a person who received exactly the care they wanted. An individual sharing a personal story strikes a completely different nerve than a fact sheet or polling data.

**Action:**  
[Submit your story today.](#)

**Resources:**

- › Visit our [storytellers page](#) for examples of other people and their stories
- › [Click here to download the Public Speaking & Storytelling Webinar.](#)

There are many types of compelling stories that can help highlight the diversity of our work. If you have an experience with medical aid in dying, end-of-life medical care or a story that relates to any of Compassion & Choices' other work, visit our website to submit it today.

## PARTY: 'Tis the Season for Bringing Together Family and Friends!

What better way to connect with your loved ones than by introducing them to a cause you care deeply about? Consider hosting a Compassion & Choices house party this holiday season.

A Compassion & Choices "friend-raising" party has two goals: first, to educate new and existing supporters on end-of-life issues, and second, to raise critical funds to power Compassion & Choices' efforts. As the host, you can inspire your guests by showcasing Compassion & Choices' work and how it's making an impact nationwide. By sharing this important information you are likely to spark the generosity of your guests, which could be the first in a series of actions in support of Compassion & Choices.

If you can't have a dedicated Compassion & Choices house party, consider taking some time at holiday get-togethers to educate others about end-of life options and ask them to become active in our movement.



**Action:**

- › Host a party to educate your network and neighbors about Compassion & Choices' work
- › Find new Compassion & Choices volunteers or donors

**Resources:**

- › [Hosting a House Party Toolkit](#)

## GIVE: Our Nationwide Efforts Rely on Your Generous Support

Who understands the importance of Compassion & Choices' work better than our volunteers? It's folks like you who work with us day in and day out across the country who see first hand the dedication and drive that Compassion & Choices and our partners bring to this work. So it is no wonder that Compassion & Choices volunteers, beyond their grassroots heroism, are some of our most generous financial supporters as well.



Today is a great day to consider how best to financially support the work and mission of Compassion & Choices. The easiest and most direct way is to make an online donation, but you can also choose from a range of other options from gifts of stocks or naming Compassion & Choices as a beneficiary, to including Compassion & Choices in your will. There are many ways to give, so take some time to review the options or call us for guidance.

We feel incredibly grateful for the support and tireless dedication of our volunteers. Thank you for both your financial backing and your grassroots advocacy; it's people like you who make our shared successes possible.

*Monique Bondeux, a fellow volunteer, was a remarkable advocate for end-of-life options. She founded a Compassion & Choices chapter, held organizing meetings in her home and made several donations before her passing. She also left Compassion & Choices a gift in her estate to continue her support after she died.*

### Action:

Make a gift today online at [CompassionAndChoices.org/donate](https://CompassionAndChoices.org/donate) or review other options like giving a gift of stock, joining a Compassion & Choices Circle, making an honor or memorial gift, becoming a Compassion & Choices member, or donating through planned giving. For help with planned giving or other giving inquiries, please contact us by email at [plannedgiving@CompassionAndChoices.org](mailto:plannedgiving@CompassionAndChoices.org) or call 800.247.7421.

### Resources:

- › [PlannedGiving.CompassionAndChoices.org](https://PlannedGiving.CompassionAndChoices.org)
- › [CompassionAndChoices.org/donate/#more-ways](https://CompassionAndChoices.org/donate/#more-ways)
- › [The Legacy Circle one page fact sheet](#)
- › [The Gift Everyone Can Give one page fact sheet](#)

## VOTE: Make Sure Your Vote is Counted on Tuesday, November 6.

By mail, early absentee or in person, make sure your vote is counted by Tuesday, November 6! Note that vote by mail and absentee ballots must be RECEIVED by November 6.

Compassion & Choices encourages all of our volunteers and supporters, regardless of party affiliation or political lean, to participate in our democracy and cast a ballot. Our work educating and advocating for expanded end-of-life options is neither right nor left, and affects all of us equally, regardless of political leanings.

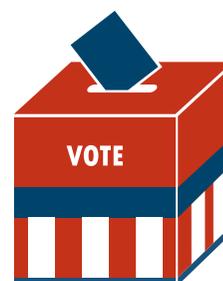
Our staff, board, volunteers and legislative champions hold diverse political views, and Compassion & Choices wants every voice to be heard.

### Action:

Vote by the time polls close Nov 6!

### Resources:

- › [Register to vote and learn more.](#)



# INSPIRE: Tell Us What Inspires You to Volunteer With Compassion & Choices



From coast to coast, Compassion & Choices volunteers are working to improve care, expand options, defend legislation and empower everyone to chart their end of life journey. We are constantly inspired by the sacrifice of our incredible volunteers and impressed by the wide range of motivations people like you have for supporting our shared work.

Tell us why you volunteer for Compassion & Choices! Why did you become involved?

Please send a brief email to [volunteer@compassionandchoices.org](mailto:volunteer@compassionandchoices.org) and tell us what brought you to the movement and what Compassion & Choices can do to make your efforts even more rewarding. We would also love to hear about any events you held or joined us for this summer. Tell us how they went, and feel free to send along any photos!

We're so glad you're here supporting our shared vision: a society that affirms life and accepts the inevitability of death, embraces expanded options for compassionate dying, and empowers everyone to choose end-of-life care that reflects their values, priorities and beliefs.

Compassion & Choices looks forward to continuing to work with and for you and your fellow volunteers.

## Action:

Email us with why you support this movement.

## Resources:

› Send your email to [volunteer@compassionandchoices.org](mailto:volunteer@compassionandchoices.org)

Keep an eye out for more volunteer opportunities as we head into the busy fall season.



## VOLUNTEER OPPORTUNITY LISTINGS

Compassion & Choices is always looking to expand its base of hard-working, dedicated volunteers. If you are interested in any of these volunteer opportunities, please send your resume or bio to [volunteer@CompassionAndChoices.org](mailto:volunteer@CompassionAndChoices.org).

Compassion & Choices needs Action Teams in every state, and that means we need ...

### LEADERS LIKE YOU



Step up and lead a Compassion & Choices volunteer Action Team!



We need your help! We're looking for an **illustrator** or **photographer** to help with media projects!