



compassion
& choices

Care and Choice at the End of Life

DIGITAL TOOLKIT

TAKE ACTION: GET INVOLVED TODAY

-  Follow @CompanDChoices on Twitter
-  Follow C&C President and CEO @KimCallinan on Twitter
-  Follow C&C New York and New Jersey Campaign Director @CorinneCarey on Twitter
-  Follow @Compassion and Choices on Facebook
-  Follow C&C on Instagram @compassionandchoices



Share a photo with information about future webinars and link to sign up

<https://www.compassionandchoices.org/take-action/staying-stronger-together/>

Click the file type to download:

JPG

PNG

POSTING CONTENT

INSTAGRAM

SELFIE: Take a photo of yourself and share the following:

I attended **@CompassionandChoices** seminar series: Staying Stronger Together. I now feel comfortable and empowered to navigate through these uncertain times when planning for my end-of-life care.

Thank you **@CompassionandChoices** for helping me navigate through these challenging times. The **#COVID19Pandemic** leaves us with a lot of uncertainty, but the one thing I'm certain about is my end-of-life care.

TWITTER

SELFIE: Take a photo of yourself and share the following:

I attended **@CompAndChoices** seminar series: Staying Stronger Together. I now feel comfortable and empowered to navigate through these uncertain times when planning for my end-of-life care. Join the next one with me by visiting:

compassionandchoices.org/take-action/staying-stronger-together/

Thank you **@CompAndChoices** for helping me navigate through these challenging times. The **#COVID19Pandemic** leaves us with a lot of uncertainty, but the one thing I'm certain about is my end-of-life care. Check out the next seminar series at:

compassionandchoices.org/take-action/staying-stronger-together/

FACEBOOK

SELFIE: Take a photo of yourself and share the following:

I attended **@CompassionandChoices** seminar series: Staying Stronger Together. I now feel comfortable and empowered to navigate through these uncertain times when planning for my end-of-life care. Join the next one with me by visiting:

compassionandchoices.org/take-action/staying-stronger-together/

Thank you **@CompassionandChoices** for helping me navigate through these challenging times. The **#COVID19Pandemic** leaves us with a lot of uncertainty, but the one thing I'm certain about is my end-of-life care. Check out the next seminar series at:

compassionandchoices.org/take-action/staying-stronger-together/

Not ready to share a photo of yourself? Choose from one of our graphics below!

GRAPHICS

Post a compelling graphic and share the following:

FACEBOOK/TWITTER



Click the file type to download:

[JPG](#)[PNG](#)

INSTAGRAM



Click the file type to download:

[JPG](#)[PNG](#)